



The gospel changes us. We can help.

WHAT IS BIBLICAL COUNSELING?

- Biblical counseling is an approach to holistic soul care that is informed, bound, and shaped by the Scriptures, the authoritative Word of God.
- Biblical counselors seek to apply God's truth to every area of life, particularly when someone is struggling with sin and the trials brought on by living in a fallen world.
- This is done by lovingly pointing counselees to repentance and faith in Jesus Christ, focusing on change rooted in a heart that longs to please the Lord, and providing practical instruction on how to live in a way that honors God in every circumstance.

WHAT IS OUR MISSION AT GOSPEL SOUL CARE MINISTRIES?

We aim to make biblical counseling, mediation, and training available and affordable to anyone in the world.

- AVAILABLE: Usually, these services are only available to those that live close to a provider in their local area. Our online platform allows us to serve our clients no matter where they may be located throughout the world.
- AFFORDABLE: For many people, the cost of counseling services makes the help they need out of reach. Because of the generous support of churches and other individuals, we are able to provide our services to those who need them most.
- ANYONE: Regardless of where you are in life and the season you are going through, we are here to help. We will do everything we can to make sure we connect you with the counselor that serves your needs best.

WHAT ARE OUR VALUES AT GOSPEL SOUL CARE MINISTRIES?

- CHRIST-CENTERED FOCUS: In focusing on the person and work of Christ, we aim to guide counselees to become more gospel-centered in their thoughts, actions, and emotions.
- COMPASSIONATE CARE: We believe people change in an environment of safety and compassion. Our counselors are committed to creating this kind of environment for every counselee.
- ROLE OF THE LOCAL CHURCH: God has ordained us to grow within the context of a biblical community. We aim to provide care that complements the care offered by the local church.

WHAT ARE THE QUALIFICATIONS OF COUNSELORS?

All of our counselors have been certified by various biblical counseling agencies. Many of them have served or currently serve as pastors or biblical counselors in their own local churches.

AREAS WHERE WE CAN HELP

Abuse | Addiction | ADHD | Adultery | Anger | Anxiety | Broken Trust | Change in Life | Conflict | Depression | Eating Disorders | Family Counseling | Fear | Finances | Grief | Identity | Infertility | Loneliness | Loss | Marriage Counseling | Military Counseling | Missionary Care | OCD | Parenting | Pastoral Care | Pornography | Premarital | PTSD | Relationships | Sexual Issues | Singleness | Spiritual Direction | Spirituality | Trauma | Worry

WHAT CAN I EXPECT IN THE APPOINTMENTS?

While each counselor is unique, you can expect them to give you the utmost attention and care, incorporating prayer and Scripture into each session. Because each case is different, your time with your counselor may vary.

DO YOU ACCEPT INSURANCE?

We do not have a direct partnership with any insurance companies. We do however have a Pay-What-You-Can-Afford method. In your intake form, you will designate how much you can afford to pay for counseling (at least \$20 per hour). We believe biblical counseling should be accessible to everyone. That's why we let you decide what's affordable.

HOW TO GET STARTED:

1. Make an appointment with a counselor or schedule a free consultation to see if biblical counseling is right for you or your family on our website:
gospelsoulcare.org
 - a. If you schedule a consultation, our Executive Director or Assistant Director will assign you a counselor that they feel best fits your needs.
 - b. You can always change counselors if the one you chose or the one that was chosen for you does not fit your needs
2. Fill out your intake form
 - a. Your intake form will include a question that asks how much you can afford to pay per session (the minimum for all counselors is \$20 per hour to keep the ministry running)
3. Meet with your counselor via a link that will be provided to you at the day and time you chose when setting up your appointment

FURTHER QUESTIONS?

You can visit our website at gospelsoulcare.org

You can reach out to

- Gospel Soul Care Executive Director, Miguel Davilla
(miguel@gospelsoulcare.org)
- Gospel Soul Care Assistant Director, Maureen den Hollander
(maureen@gospelsoulcare.org)
- Gospel Soul Care Biblical Counselor (Women and Female Children),
Lacey Rowlen (lacey@gospelsoulcare.org)